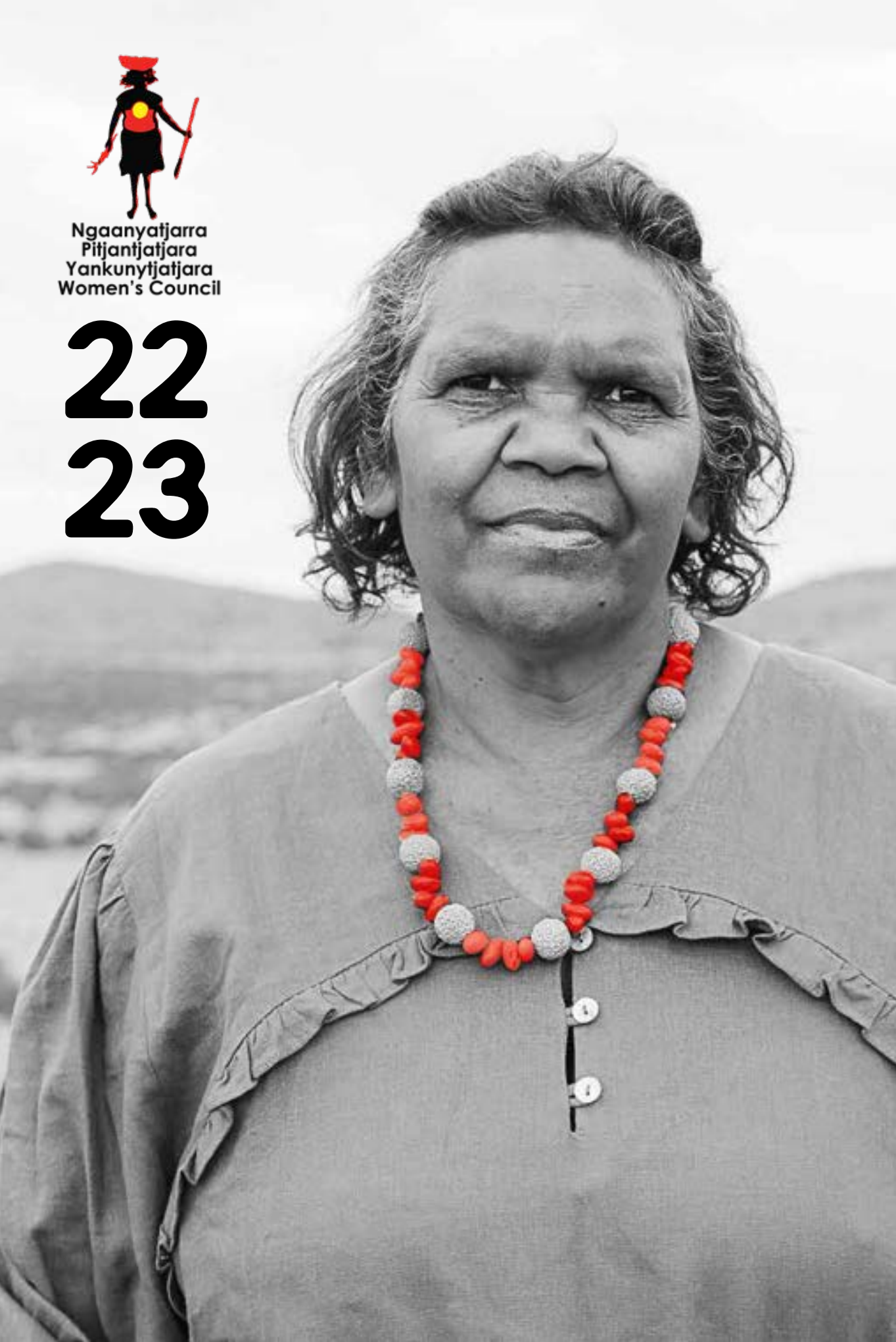




Ngaanyatjarra  
Pitjantjatjara  
Yankunytjatjara  
Women's Council

**22**  
**23**



**A  
N  
N  
U  
A  
L  
R  
E  
P  
O  
R  
T**



# CONTENTS

OUR WORK - OUR REGION	4
BOARD OF DIRECTORS	7
MESSAGES	
CEO's Message	8
Director's Message	9
PROGRAMS	
Tjungu Aged & Disability Care	10
Tjanpi Desert Weavers	14
Youth Service	18
Domestic & Family Violence Service	22
Child & Family Wellbeing Service	26
Ngangkari	30
MORE IMPACT	34
FINANCE	36
PARTNERS	38
CONTACTS	39

COMPILATION & DESIGN: NICOLE SARFATI

COVER PHOTO: SYLVANA KENNY

PHOTO: BROOKE BATHERN

BACK COVER PHOTO: KIWIRRKURRA

PHOTO: JEMILLA DADD

OPPOSITE PHOTO: PUKATJA

PHOTO: BROOKE BATHERN

**WE ARE ANANGU  
WOMEN CARING  
FOR OUR  
COMMUNITIES  
AND THEIR  
WELLBEING**



# OUR REGION



We support 24 remote desert communities across the tri-state region of South Australia, Western Australia and the Northern Territory (350,000 sq km).

KALTUKATJARA  
MUTITJULU  
IMANPA  
APUTULA  
KALKA  
PIPALYATJARA  
KANPI  
NYAPARI

UMUWA  
PUKATJA  
YUNYARINY  
IWANTJA  
MIMILI  
WARBURTON  
TJUKURLA  
AMATA

KALJITI  
IRRUNYTJU  
PAPULANKUTJA  
MANTAMARU  
WARAKURNA  
WANARN  
KIWIRKURRA  
TJIRRKARLI



NPY Women's Council has always been an Anangu vision birthed by Anangu women.

Led by the authority of women's law, supporting people from birth to aged care, NPY Women's Council provides the following holistic services in the remote NPY region:

- DOMESTIC & FAMILY VIOLENCE SERVICE
- YOUTH SERVICE
- CHILD & FAMILY WELLBEING SERVICE
- TJANPI DESERT WEAVERS
- NGANGKARI TRADITIONAL HEALERS
- TJUNGU AGED & DISABILITY CARE

# DIRECTORS



Kunmanara Smith  
CHAIRPERSON  
Imanpa, SA



Yangi Yangi Fox  
DEPUTY CHAIR  
Pipalyatjara, SA



Maureen Baker  
DIRECTOR  
Warakurna, WA



Yanyi Bandicha  
DIRECTOR  
Pukatja, SA



Janet Forbes  
DIRECTOR  
Papulankutja, WA



Rene Kuitja  
DIRECTOR  
Mutitjulu, NT



Wanatjura Lewis  
DIRECTOR  
Amaṯa, SA



Peggy Naylor  
DIRECTOR  
Mutitjulu, NT



Nellie Roberts  
DIRECTOR  
Irrunytju, WA



Lily Tjiweri  
DIRECTOR  
Kaltukatjara, NT



Martha Ward  
DIRECTOR  
Wanarn, WA



Carmen Windy  
DIRECTOR  
Kaltjiti, SA

# MESSAGES

## CEO LIZA BALMER

Last year was a year of change, celebration and anticipation for NPY Women's Council, as we continue to grow and develop, and maintain our core vision: that all Anangu live well in both worlds.

In March 2022 we appointed a new Deputy CEO, Lynette Ross. Lynette brings a wealth of knowledge to the organisation and extensive managerial experience in various roles in both government and corporate sectors.

The key to achieving real change and transformation in our region is leadership. Without real leadership at the strategic, program delivery and family levels, success cannot be achieved. NPYWC has been guided by Anangu leadership, law, and collective decision making for over 40 years. We have seen changes, both good and bad. Throughout the years it has been the unwavering voice and leadership of senior Anangu women that have made us the organisation we are today. Thank you to our Directors who continue to speak up and use their voice for change, with often deeply personal stories.

NPYWC continues to develop key partnerships with organisations who can assist us in helping Anangu achieve a better quality of life. In addition to our partners at a local level, we also have relationships with organisations such as Jawun and Empowered Communities, all of whom have remained great champions over many years.

Thank you also to our wonderful tribe of committed staff for all the incredible work that has occurred during this financial

year. We need only to look across our initiatives in the past year to understand how the work we are doing on the ground is making a difference in our people's lives in practical and meaningful ways.

The heavy burden of sorry business again touched the lives of all NPY communities during this period. I recognise the huge loss of so many great leaders and the indelible mark they have left on our lives. We will proudly continue their legacy of working to make a change.

Financially, we ended the year in a stable position. Our accounts show an increase close to 11% in general revenue at the end of 2022, the majority of which is attributable to an increase in program funding and donations.

As we move into 2024, the challenges are not over and our focus will remain: supporting all Anangu, especially women and children, to have a good life, guided by culture and sound governance, through the collective agency of women.

I thank everyone for their commitment to keeping our communities safe, healthy and resilient. As you read through this report, I trust that you will share my admiration and appreciation for our work, and the impact that these innovative solutions have in meeting the needs and changing circumstances of our communities in the NPY region.





## CHAIRPERSON NYURRINGKA MARGARET SMITH

NPY Women's Council has had a very good year. We all worked together really well and it was great to see so many Anangu involved, working and advising our services like the Ngangkari mental health & wellbeing program, Uti Kulintjaku, and the Domestic & Family Violence Service's advisory group, Malparara Malparara.

We also had such unified Anangu presence at our AGM and our Law and Culture meeting. While it was freezing at Law and Culture this year, with ice all over the ground, everyone was happy to be there. Law and Culture is an extremely important event for women on the NPY lands. This meeting makes sure our culture remains strong and young women learn traditional knowledge and ceremonial cycles. Our culture is at the heart of NPY Women's Council's work.

In February I met with the Prime Minister to discuss youth issues in Alice Springs, and what actions could be taken to support youth and prevent crime.

I also met with the Minister for Aboriginal Affairs, Linda Burney, about the replacement of the Cashless Debit Card with the new enhanced Income Management and the SmartCard.

In July 2022 I gave evidence at the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability. It was really important for the Royal Commission to hear from Anangu and the special, extra challenges they face in remote regions with limited services. We talked about how NDIS could work better for people in remote communities and how excessive paperwork was difficult for Anangu to understand.

I am really happy with my year as Chairperson, I have loved seeing so many of our young people grow as future leaders through NPYWC. I know that NPYWC is such an important organisation for everyone out bush and I am so happy to be a part of shaping these vital health, cultural and social services.

*Margaret Smith*



# TJUNGU AGED & DISABILITY CARE

We work with Anangu with disabilities and old people and their carers. We support people with services that are not available in remote communities so they can stay on country with family and culture.

We work with My Aged Care, National Disability Insurance Scheme and the Integrated Carer Support Service.



*"My worker from Tjungu team is friendly, she always come back to talk to me... she listens proper way, she understands me"*

Tjungu client



**268**

PEOPLE WITH A  
DISABILITY AND FRAIL,  
ELDERLY SUPPORTED  
TO LIVE A GOOD LIFE ON  
COUNTRY



**120**

CARERS SUPPORTED TO  
GIVE THE BEST CARE  
THEY CAN TO FAMILY

**73**

VOICES SHARED AT THE  
ROYAL COMMISSION  
INTO VIOLENCE,  
ABUSE, NEGLECT AND  
EXPLOITATION OF  
PEOPLE WITH DISABILITY



**69**

PEOPLE  
SUPPORTED THROUGH  
NDIS APPEALS  
PROCESSES





## OVERCOMING MEN'S RELUCTANCE TO ENGAGE WITH SERVICE PROVIDERS

Our new Wati program is engaging male NDIS participants who usually don't engage with service providers like therapists.

The program offers purposeful, culturally appropriate activities and makes sure Anangu men receive the care they need, providing a weekly routine including an occupational therapist and a platform for ideas, self-direction, independence, teamwork, and achieving goals.

## GIVING ANANGU WITH A DISABILITY A NATIONAL VOICE

The importance of giving voice to people with a disability living in extremely remote areas is vital in making sure their needs are considered in national strategy and planning. The landscape in which remote disability care operates is so different to urban or even regional areas.

This year, NPYWC participated in the First Nations Advisory Council and the Department of Social Services Early Years Strategy Roundtable.

Our advocacy includes:

- identifying and advising on challenges faced by Anangu with disability in the NPY region
- best-practice models for the delivery of early intervention supports for children with disability and developmental concerns in remote areas
- making sure children with a disability can thrive not matter where they are born
- giving input to action plans to make sure remote people are included and understood
- ensuring people with a disability stay on country, connected to family and culture

## IN A REGION WITH FEW SERVICES - FAMILY MEMBERS CARRY THE LOAD

Carers play a critical role supporting people with disabilities and frail aged people in remote communities. Without family carers, many Anangu with a disability would have to leave their communities to seek support in urban areas. Carers in the NPY lands are mostly family members. There are very few disability support workers or similar support on the lands.

NPYWC make sure carers are supported, assisting them with access to respite and helping to arrange therapeutic services in cities for family members. NPYWC also supports carers through immense language and cultural barriers, helping them find the right support for people that need help.

The main concern that carers raise is the need for respite so they can have a break when required. This is an important support for we provide to our carers to maintain health and wellbeing so they can keep providing the care while living well.



# TJANPI DESERT WEAVERS

We are a social enterprise, enabling women to earn their own income from fibre art. We represent more than 400 Aboriginal artists from 26 remote communities on the NPY lands. We come together on country to create unique fibre art, to earn our own money and to keep culture strong.

NANCY NYANYANA JACKSON FROM  
WARAKURNA, WA, COLLECTING BARK  
FROM THE IITILYPA TREE AT WITIRRTJIPI  
FOR ARTWORK *PURTINGKATJA* (FROM  
THE BUSH) 2022.  
PHOTO: JADE BROCKLEY

*“Everyone is excited when Tjanpi comes to community because they know they can make some money for food or power cards. Ladies will be weaving all night when they know the Tjanpi lady is in town because they want to make the most of it.”*

Pauline Coombe  
Aputula (Finke)



**11**

EXHIBITIONS



**535**

WOMEN EARNED AN  
INCOME FROM FIBRE ART



**556,284**  
DOLLARS OF ARTWORK SOLD



**335**

WOMEN ATTENDED  
FIBRE WORKSHOPS  
IN 16 DIFFERENT  
COMMUNITIES



**4184**

ARTWORKS  
SOLD

## TJANPI DESERT WEAVERS

### INVESTING IN WOMEN'S INCOME IN THE NT

The employment of new staff by Tjanpi, is supporting Anangu women in the NT to learn about, create and sell their tjanpi artwork has seen an increase in financial outcomes for women in the region.

Tjanpi's initiative has supported a 20% increase in artworks produced, a 27% increase in artwork sold and a 28% increase in revenue generated from the sale of NT artworks in this financial year.

A small exhibition was also held in Aputula (Finke) during the Finke Desert Race, organised by Tjanpi's Anangu Arts & Culture Assistant Pauline Coombe, whose fibre skills and cultural knowledge have inspired new artists and artwork.



*"I knew about Tjanpi happening in other communities but I had never tried it before. These ladies [Pauline Allen and Pauline Coombe] got me to come along to the Tjanpi workshop for the first time and it was nice to learn how they make these animals."*

Linda  
Aputula (Finke)

PAULINE COOMBE FROM FINKE, NT WORKING ON HER BUGGY SCULPTURE FOR THE FINKE DESERT RACE EXHIBITION 2023. PHOTO: RUBY HENDERSON-LECONTE



### NEW WORKS INSPIRED BY COUNTRY & CULTURE

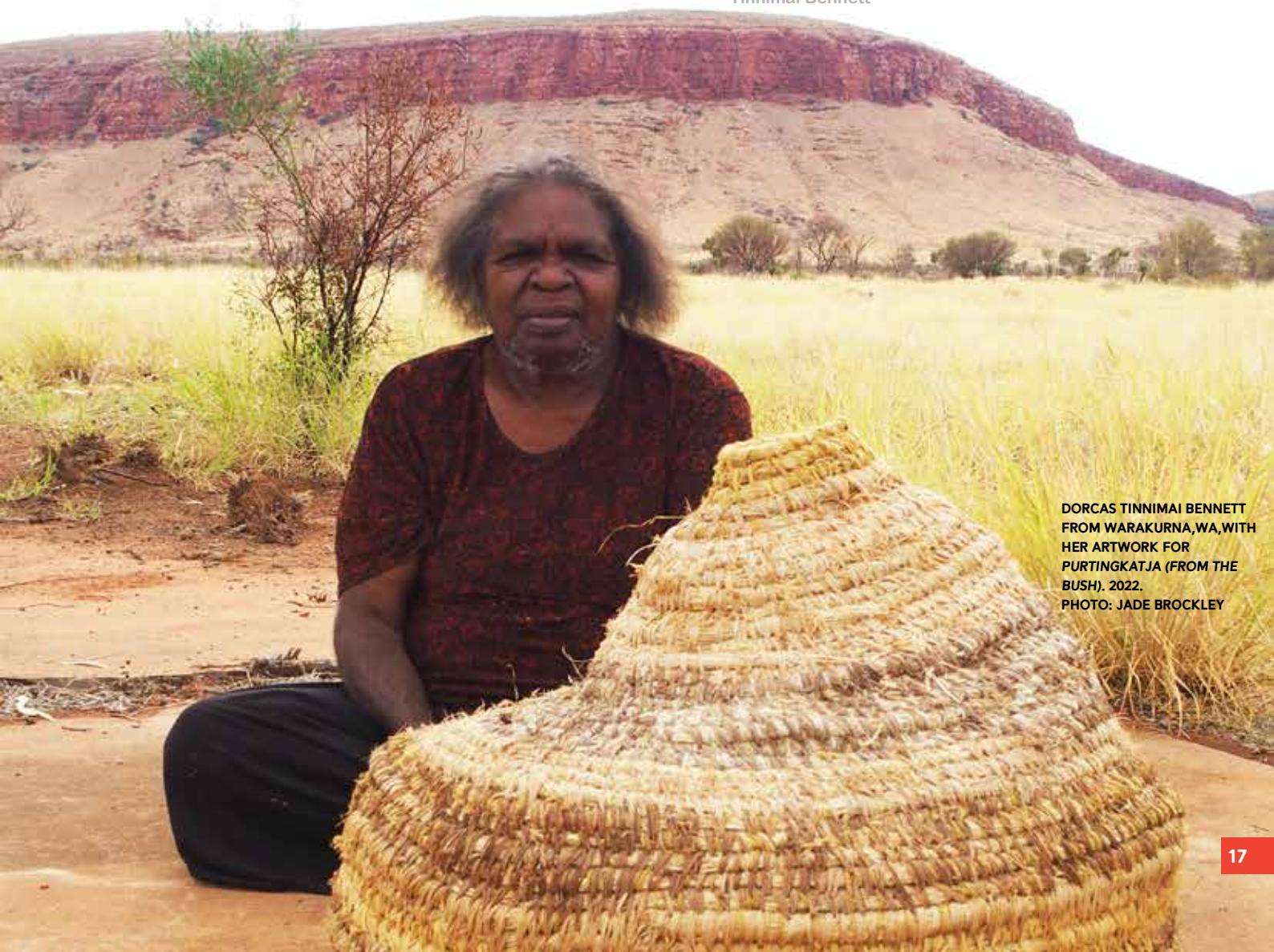
*Purtingkatja (From the bush)* is a collection of sculptural vessels that pay homage to the early beginnings of fibre arts practice in the Ngaanyatjarra region. The works are bound by the intergenerational sharing of knowledge and skills in coiled basketry and bush dyeing practices.

These works reveal the quiet beauty of materials and colours from country, alongside the artists' skills in manipulation of technique and form. This collection was presented at Desert Mob 2022.

In a region of extreme economic disadvantage and poverty we made a 4.6% increase on artist payments from the previous financial year.

*"We thought we would use coils and the basket-making skills we know in a different way, to create a new style of sculpture. We went out bush to look around at all the interesting shapes and sizes of mountains, trees and anthills, some pointy, some round and some crooked. We also wanted to make our own special colours from the bush, so we made plant dyes and wove our sculptures with these soft colours. We made many tjampi coils and stitched around and around, growing our sculptures up and out and in again. Some of us stitched our coils really strong and tight, and others kept the coils more grassy. The leaves, roots and barks we collected made colours that all look lovely together, just as all the colours of the bush look so lovely together too."*

Cynthia Burke, Dianne Ungukalpi Golding, Erica Ikungka Shorty, Roma Yanyangkari Butler, Dorcas Tinnimai Bennett





DORCAS TINNIMAI BENNETT FROM WARAKURNA, WA, WITH HER ARTWORK FOR PURTINGKATJA (FROM THE BUSH), 2022. PHOTO: JADE BROCKLEY

# YOUTH SERVICE

More than half the population in the NPY lands is 24 years or under. We help young people thrive by offering:

- recreation programs and camps to keep young people active, engaged and reaching for the stars
- family orientated case management
- a boarding school program that offers broad educational opportunities
- the Iwara traineeship and job pathway program
- advocacy for youth justice, education, substance abuse prevention and mental health





**7**  
YOUNG PEOPLE  
UNDERTOOK A PATHWAY  
TO EMPLOYMENT  
THROUGH THE IWARA  
TRAINEESHIP



**84**  
YOUNG PEOPLE  
SUPPORTED IN CASE  
MANAGEMENT

**56,535**

ATTENDANCES AT  
YOUTH ACTIVITIES



**8843**

HOURS OF YOUTH  
RECREATION ACTIVITY  
TO KEEP YOUNG PEOPLE  
ACTIVE, ENGAGED &  
REACHING FOR THE STARS

**8**

YOUNG PEOPLE  
SUPPORTED TO  
ATTEND BOARDING  
SCHOOL, INCREASING  
EDUCATION  
OPPORTUNITIES



### THE RIPPLE EFFECT OF SUPPORTING EDUCATION OPTIONS

The NPYWC Boarding School Program supports young people and their families in remote communities to have choices in education.

Past NPYWC Boarding School Program participants reported that their boarding school experience significantly contributed to their career opportunities.

**66% of alumni reported being employed in better jobs than they would have without attending the boarding school. At least 50% of BSP alumni are currently working casually, 33% part time, and some have secured multiple jobs within and outside their communities.**

The NPYWC Boarding School Program is a vital support for families in understanding educational opportunities, navigating enrolment and supporting students through homesickness.

### GROWING YOUTH INTO JOBS OUT BUSH

Anne Marie (pictured) is one of our Boarding School Program and Iwara 2022 graduate. Post-school, our Iwara program supports young people to prepare for employment.

Incorporating literacy, work experience, understanding employee expectations and gaining confidence in a cross-cultural environment, the 3-year-old program has been instrumental in giving young Anangu people the stepping stone they need to enter the workforce.

Anne Marie, (19) works in the Kallukatjara (Docker River) Store during the day, then the NPYWC Youth Service in the evenings. She is also a carer for her siblings. Anne Marie has just been awarded the Contribution to Community Award for her outstanding hard work in her community and has recently completed the Meeting The Youth Gap training. This training will put her on track to achieve her career goal of being a full-time Youth Development Officer with NPY Women's Council in Kallukatjara.



## SOCIAL OUTCOMES FROM STRUCTURED SPORTING ACTIVITIES FOR YOUNG WOMEN

Listening to call from communities for more sporting activities for young women, NPYWC created an AFL Women's 9 Football competition round. The league attracted 48 players, creating 6 teams across the central desert states.

NPYWC acknowledges that structured sporting activities help to grow young people's engagement in their communities and support overall wellbeing.

9 out of 10 players reported that coming to the competition increased motivation to participate in community and social activities.

67% of participants reported that the AFL 9's carnival helped them feel more connected to other kungka's across the lands.

The Mimili & Fregon AFL 9 team returned to Voyages later in the year to complete a work-exposure program with the National Indigenous Training Academy.

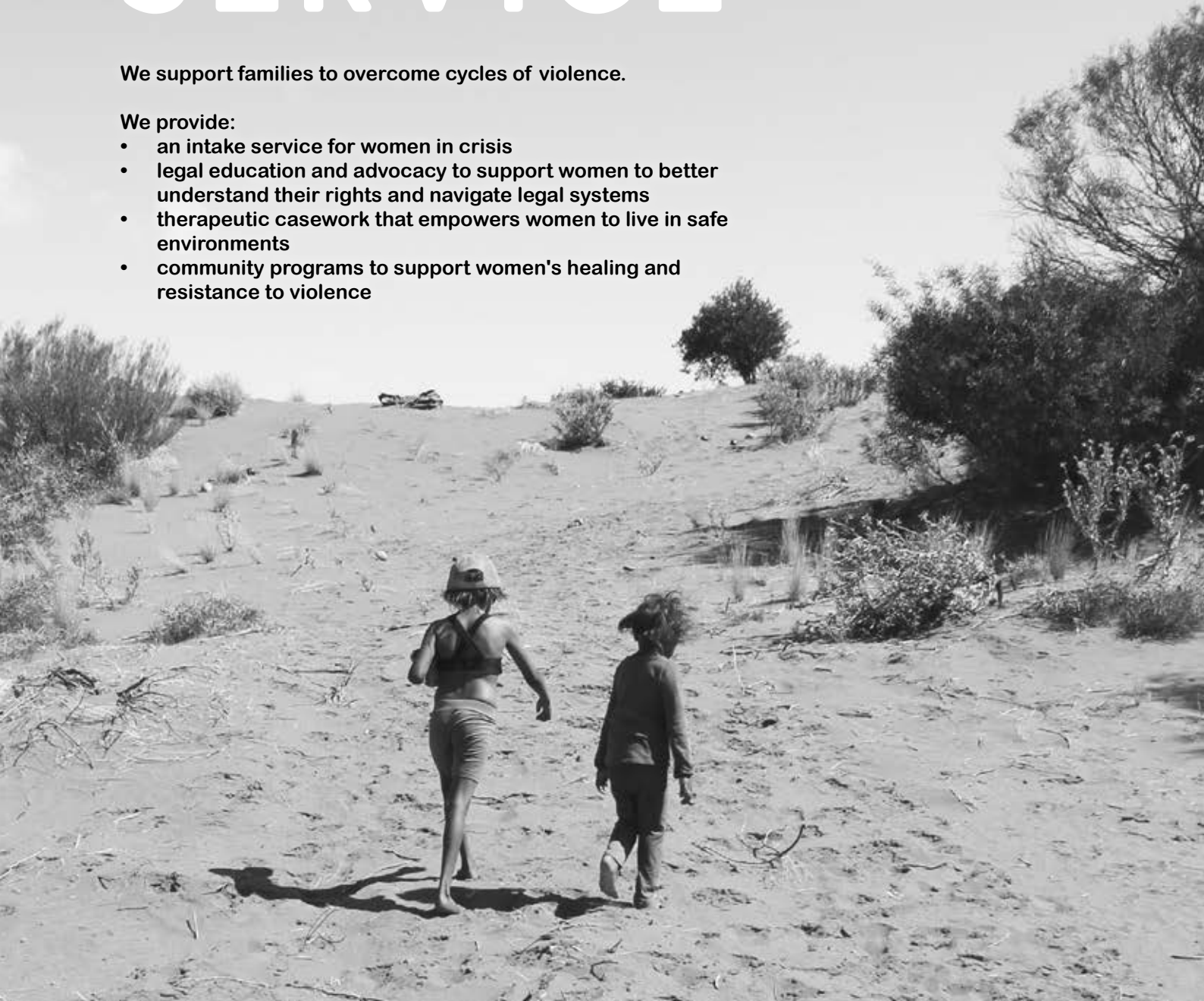


# DOMESTIC & FAMILY VIOLENCE SERVICE

We support families to overcome cycles of violence.

We provide:

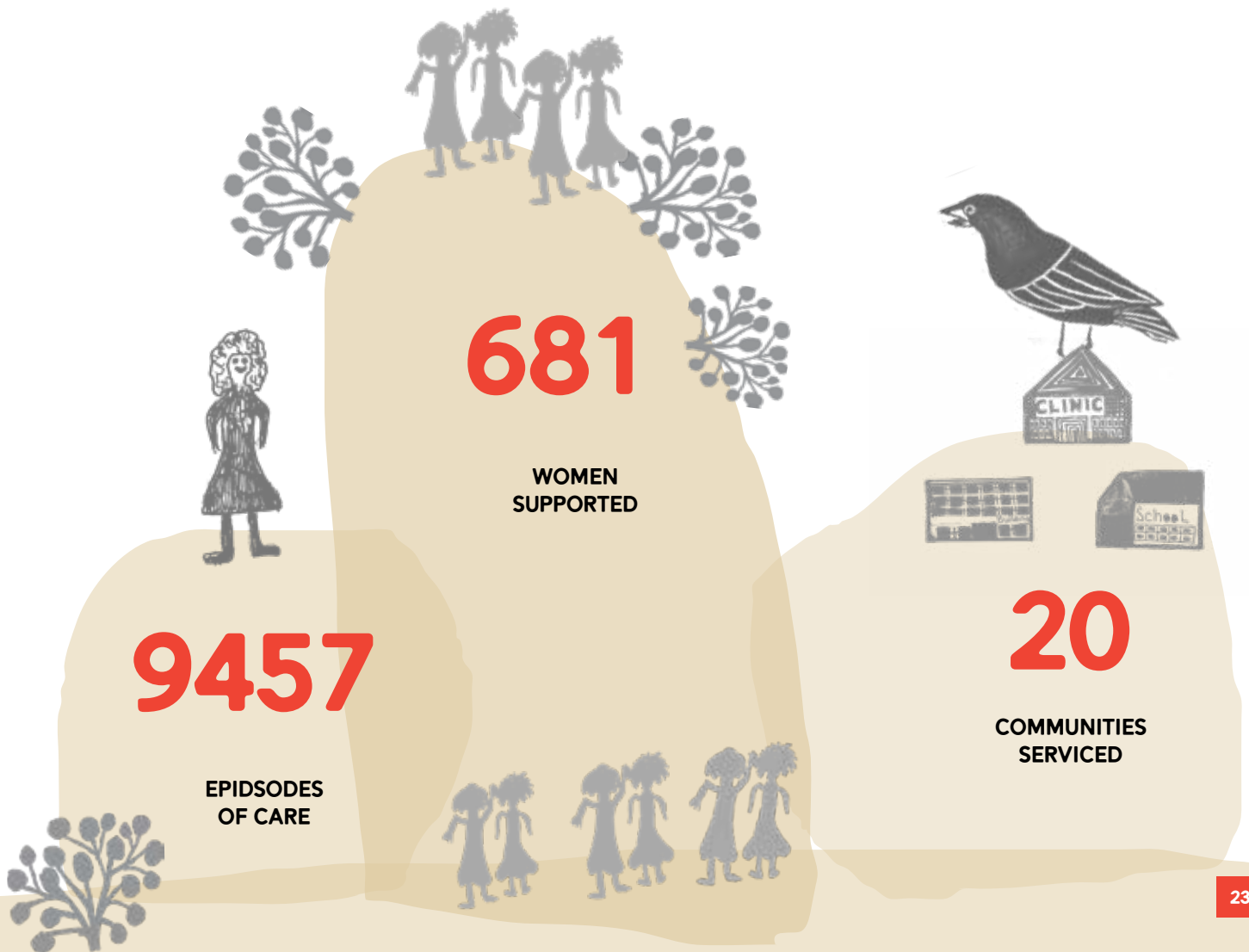
- an intake service for women in crisis
- legal education and advocacy to support women to better understand their rights and navigate legal systems
- therapeutic casework that empowers women to live in safe environments
- community programs to support women's healing and resistance to violence



“I had a good feeling from the workshop. When you still have DFV worries, it really helps being there with the other women, talking to old women that have been through it, and sitting with the other women who are going through the same thing. It makes you feel good inside.

When I am back in my community, I talk with other women. Sometimes if my neighbour is going through the same thing I will say to her, “let’s go for a walk” and we just go for a walk and talk. I can help other women in my community who are going through the same thing.”

DFVS participant



## THE EVOLUTION OF A REMOTE COMMUNITY WOMEN'S GROUP

Since 2016 a small group of women from a remote community in the NPY lands has been meeting to talk about their shared experience of domestic violence.

The meetings have created space for a slow opening and deep sharing of stories about violence, including resistance to sexual violence in intimate relationships.

The group, once shepherded by case workers, now sets the tone and agenda of these meetings for themselves. They have created stories for educating others about community violence.

Their self-confidence has grown, they note that there has been a shift in the power balance in their intimate relationships and they know how to take their knowledge of empowerment to help women in their families.

## MALPARARA MALPARARA TAKING RESISTANCE TO VIOLENCE TO COMMUNITY

Malparara Malparara is a group of senior Anangu women who come together to share and understand more about domestic violence and how it affects women and children.

Malparara Malparara women now are eager to take this work out to their home communities. They want to talk to young women. They know they can make a powerful change to women's lives.

The group also teaches DFVS staff about how to talk to women about family violence in a culturally sensitive way, create resources, and now has built the confidence of women to act as advocates in their home communities.

*“Going on the DFVS picnics has been a huge part of changing my thinking about understanding of violence and understanding how I might start to resolve it in my life and how I can think about it. In my mind there used to be a lot of negative thinking and not good experiences and these ideas have sort of been replaced, and new ideas have become stronger in my mind. New thinking... it's like I've grown and grown and grown my own capacity and knowledge so that I can look after myself.”*

DFVS participant





## BEHIND THE SCENES OF A CRISIS SUPPORT CALL

Jules (not her real name) was increasingly worried for her safety. Her partner's violence was escalating, she felt alone and was scared about what might happen to her. She wanted to call police but was afraid they would not understand her story.

She had heard about the NPYWC Domestic and Family Violence Service and a case worker that had visited her community had given her a number to call. When she called, an NPYWC case worker listened deeply to her story. The case worker already knew a lot about Jules' family as they had worked with her Auntie. Because the case worker took the time to understand Jules' story, Jules trusted the worker to call police for her, the worker also helped Jules to come up with a plan on how to get Jules to somewhere safe.

Because there were no buses that travelled to Jules' community, the case worker arranged for Jules to travel the 1000km by plane to Alice Springs, which was the nearest service town. The case worker also organised for Jules to stay in crisis accommodation for 2 weeks.

During those weeks NPYWC helped her with important paperwork, like getting a restraining order and sorting out Centrelink payments. NPYWC also made sure she had food, clothing and a mobile phone.

NPYWC also helped to link Jules in with the Ngangkari team at NPYWC and reconnect with family members who could support her.

After 2 weeks Jules decided to return to her community because she was missing her family and because there was a funeral that she was obligated to attend. Before she returned, NPYWC worked with Jules to develop a safety plan so that if there was any further trouble Jules could be clearer about what steps she could take to stay safe.





# CHILD & FAMILY WELLBEING SERVICE

We support families' capacity to care for children who are considered at risk. We work with families to:

- provide nutrition education and support to improve children's growth and development
- build on family strengths to keep children safe, happy and protected
- help families navigate the child protection system
- support Anangu kinship carers

*“From a community perspective, I believe that the NPYWC playgroup is an event that young mums truly look forward to each week. It allows for a safe space for the woman and children to play and grow. I hope to see this program continue in our community as the positive impacts have been noticed by all agencies and community”.*

Warakurna School Principal

**6784**

INSTANCES OF SUPPORT FOR FAMILIES WITH CHILDREN IN CARE

**97**

CHILDREN (& 87 ADULTS) RECEIVED INTENSIVE FAMILY SUPPORT- GIVING CHILDREN AT RISK A SAFER, HAPPIER HOME



**20**

ANANGU KINSHIP CARERS SUPPORTED TO LOOK AFTER 31 CHILDREN

**1067**

PEOPLE ATTENDED 153 NUTRITION WORKSHOPS



**33**

CHILDREN & THEIR FAMILIES SUPPORTED WITH REUNIFICATION, ACCESS VISITS, LEGAL SERVICE SUPPORT & HELP NAVIGATING THE CHILD PROTECTION SYSTEM

**121**

CHILDREN & THEIR FAMILIES WERE ENROLLED IN THE NUTRITION PROGRAM GROWING HEALTHY CHILDREN

## KINSHIP CARE KEEPING KIDS ON COUNTRY WITH FAMILY & CULTURE

Alan Fraser is a community leader and kinship carer on the APY lands. Alan and his wife have looked after kids in care for many years and are currently looking after four children aged 3 to 17 years old.

NPYWC supports kinship carers on the APY lands by reducing stressors and helping placements to thrive through trauma-informed case management.

We offer the opportunity for carers to come together to discuss collective challenges such as navigating complex bureaucratic systems, financial literacy and family issues.

NPYWC knows that kinship care creates better outcomes than foster care for children.

*"Everybody working together to take care of our kids, the whole family has to join in to care for kids. It can't just be the kunga's (women) raising kids. Everybody has to help out!"*

Alan Fraser

## CHILD & FAMILY WELLBEING SERVICE

### A NUTRITION PROGRAM IN HIGH DEMAND

Through both service referrals and self referrals, the NPYWC Child Nutrition program is a very engaged service in remote NPY communities.

During the year, 121 children were enrolled in the program and 1067 parents attended 153 nutrition, food and cooking workshops.

The Child Nutrition program has been running for 27 years and has high credibility among families. We are now working with children of some of the children that we worked with.

We have Anangu staff on the ground and we know people are very interested to learn more about cooking, new recipes, shopping choices and financial strategies around food.

The Child Nutrition program addresses growth faltering in children, over time we have seen the number of children with growth faltering decrease but the problem is always impacted by social determinants of health including: overcrowded housing, poverty, the prevalence of domestic violence, limited education, limited food availability, high prices and substance misuse.

### STRENGTHENING FAMILIES TO PREVENT CHILDREN ENTERING CARE

Evidence shows the importance of early-intervention and prevention programs to address the disproportionate number of Aboriginal children entering the child protection system.

NPYWC is the only family support service available on the NPY lands, providing therapeutic case management to Anangu families and children.

A key focus this year has been the integration of narrative practices with work with families. Narrative practice allows parents to share their stories of strength and resilience through talking around a fire or by reflective painting and drawing. It focuses on personal strength through adversity.

*“I love my children, I love spending time with them, hearing about their day and all cuddling together at the end of the day.”*

CFWS participant



# NGANGKARI

Ngangkari are the traditional healers of the NPY lands.

Ngangkari have looked after people's physical, spiritual and emotional health for thousands of years.

The Ngangkari program supports ngangkari to continue their work. In a region with limited mental health resources, the Ngangkari program also supports grass-roots initiatives to grow understandings in mental health, trauma and healing.

MARINGKA BURTON  
PHOTO: RHETT  
HAMMERTON

*“You’ve got to remember that this is the tradition, this is the knowledge and Law. It’s something that has been held onto which came from the days before there were hospitals and other forms of doctors. We were responsible for looking after all the people. We have held onto that knowledge.”*

Rupert Peters  
Traditional healers of Central Australia: Ngangkari



**2350**

NGANGKARI  
TREATMENTS



**26**

COMMUNITY  
ACTIVITIES AND  
MENTAL HEALTH  
WELL-BEING  
WORKSHOPS

**45**

NGANGKARI AND  
ANANGU MENTAL  
HEALTH ADVOCATES  
EMPLOYED

**95**

KGS OF  
IRMANGKA  
IRMANGKA MADE



## AṬUNYMANAMA

*Aṭunymanama* is a new book of family portraits and personal stories that celebrate Anangu men as caregivers, teachers and leaders. The stories in *Aṭunymanama* come from interviews with men from the Uti Kulintjaku Watiku team, written in Pitjantjatjara, Yankunytjatjara and Ngaatjatjarra/ Ngaanyatjarra, with English translations.

*Aṭunymanama* (AH-tuhn-mahn-ah-mah) comes from the verb 'aṭunymananyi' meaning to mind, look after, protect, keep safe. The book affirms the cultural knowledge drawn upon to nurture strong, caring Anangu and promote healing from trauma. *Aṭunymanama* shows a strengths-based approach that focuses on abilities, knowledge and capacities rather than on deficits.

Filled with heartfelt messages to the authors' families, *Aṭunymanama* is a book of healing and hope.

*"If I was to give a message to my two sons, I think I'd say, "Always be happy to look after all your families and keep them safe. If it's hard, get back on your feet and keep going. Stay firm to keep your home strong."*

Lloyd Wilyuka

The book was made for young men, for their families and communities, as well as for anyone working with Anangu who is seeking to better understand the concerns and aspirations of Anangu men.

*"It is for people to have and read for when we are not here. In the future, I want my story to be there for the families to see us and who I am and what all us men were aiming for ... We don't want to hide these photos. We want to show the kids coming up behind and read it to them because we are role models and the storytellers for the future."*

Richard Kanari





## NGANGKARI

### SENIOR WOMEN DEVELOP SOLUTIONS TO ADDRESS MENTAL HEALTH & TRAUMA

Senior Anangu women, in collaboration with non-Aboriginal mental health and social service professionals, are developing their own solutions to address levels of violence and trauma in communities.

Comprising more than 20 senior women, and ngangkari from across the NPY region, the women known as the Uti Kulintjaku Minymaku group, come together to grow their thinking and learning on trauma and healing in workshops that generate new tools and resources.

The group then take their ideas on safe, culturally grounded ways of supporting Anangu mental health and wellbeing to present at conferences, collaborate in research partnerships, and teach health professionals across Australia.

Importantly, the work of the women is focused on community work, where the women support the integration of the Uti Kulintjaku resources at a community level in schools and clinics, and with their own families.

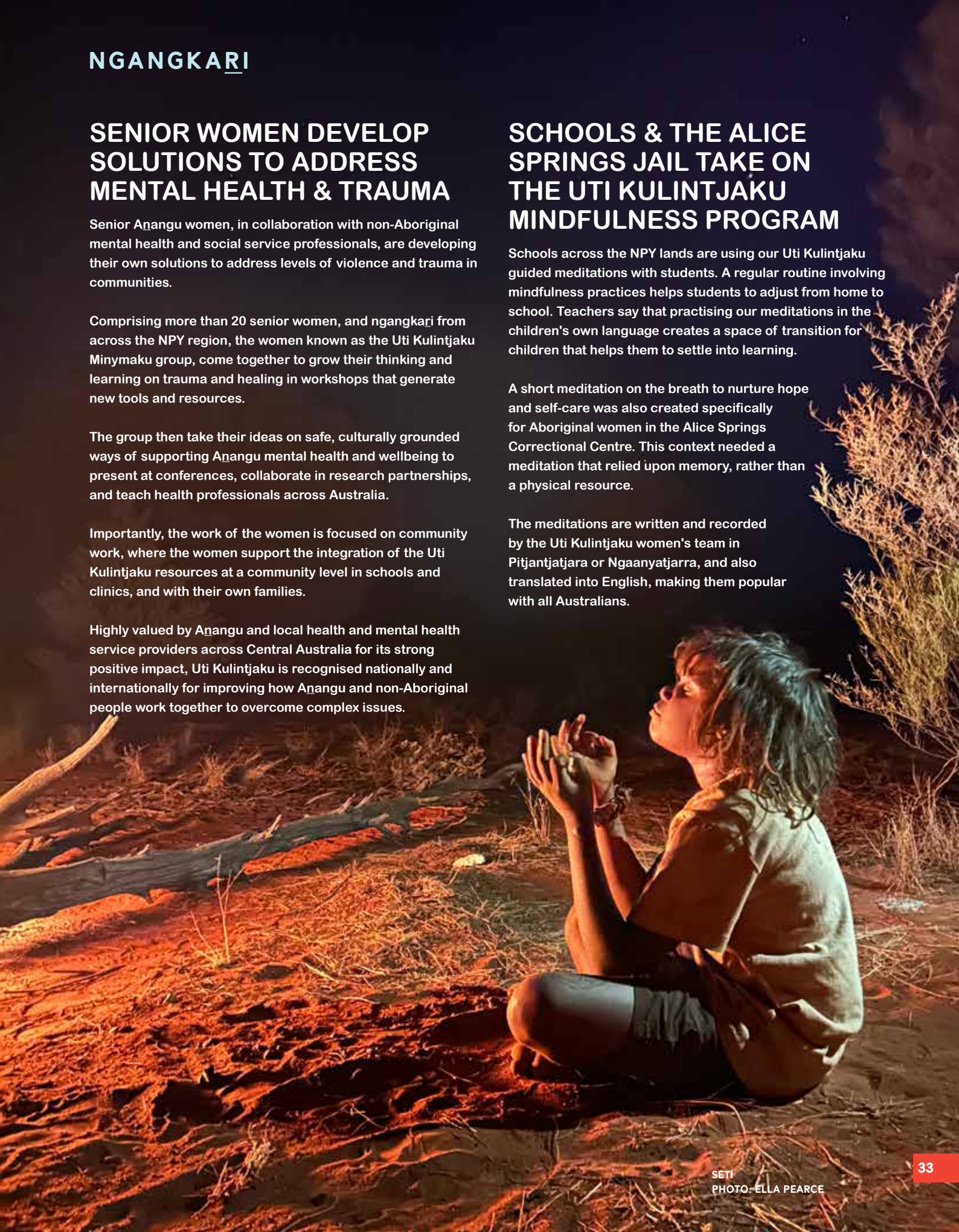
Highly valued by Anangu and local health and mental health service providers across Central Australia for its strong positive impact, Uti Kulintjaku is recognised nationally and internationally for improving how Anangu and non-Aboriginal people work together to overcome complex issues.

### SCHOOLS & THE ALICE SPRINGS JAIL TAKE ON THE UTI KULINTJAKU MINDFULNESS PROGRAM

Schools across the NPY lands are using our Uti Kulintjaku guided meditations with students. A regular routine involving mindfulness practices helps students to adjust from home to school. Teachers say that practising our meditations in the children's own language creates a space of transition for children that helps them to settle into learning.

A short meditation on the breath to nurture hope and self-care was also created specifically for Aboriginal women in the Alice Springs Correctional Centre. This context needed a meditation that relied upon memory, rather than a physical resource.

The meditations are written and recorded by the Uti Kulintjaku women's team in Pitjantjatjara or Ngaanyatjarra, and also translated into English, making them popular with all Australians.



# & MORE

## IMPACT & OUTCOMES FOR THE NPY LANDS

Every year NPYWC holds a Law & Culture meeting where 100s of Anangu women meet to exchange traditional knowledge and perform ceremonial cycles. This meeting is highly sought after and ensures continuation of culture and women's law.

LAW &  
CULTURE

We put forward a submission to the Senate Inquiry into missing and Murdered First Nations Women and Children at the NT Criminal Justice Legislation Amendment (Sexual Offences Bill) 2023. We also sat at the roundtable for the National Principles to Address Coercive Control in Family & Domestic Violence.

DOMESTIC  
& FAMILY  
VIOLENCE

NPYWC was contracted by the Australian Electoral Commission to ensure people in the NPY lands were enrolled to vote in the Voice Referendum - and that they understood clearly what the Referendum was about.

AEC  
THE  
VOICE





**CHILD PROTECTION**

Our Child & Family Wellbeing Service continues to advocate for improved child protection responses across the NPY region through less complex and more collaborative tri-state child protection systems.

**ABORIGINAL GENDER JUSTICE**

We sat on the focus group of Wiyi Yani U Thangani National Framework for Action to achieve gender justice and equality, with the view of establishing a First Nations Gender Justice Institute.

**YOUTH ADVOCACY**

In early 2023 we met the Prime Minister to discuss solutions to youth issues in Alice Springs.

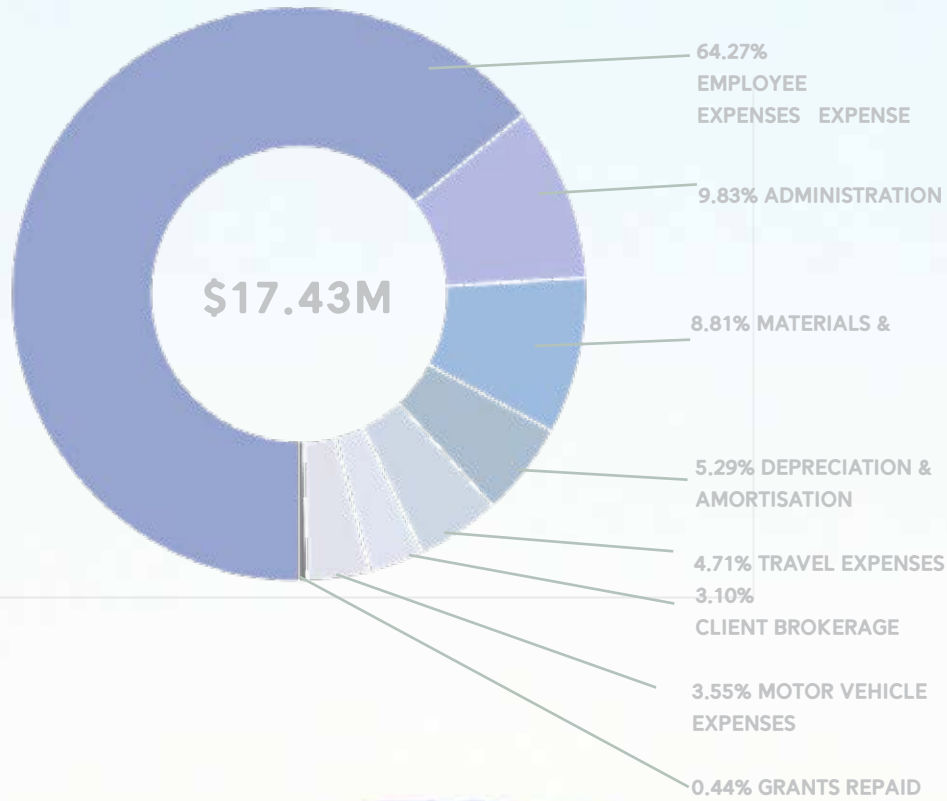
**EDUCATION ADVOCACY**

Our Youth Service and young Anangu leaders spoke up at the World Indigenous People's Conference on Education.



# FINANCE

## EXPENDITURE



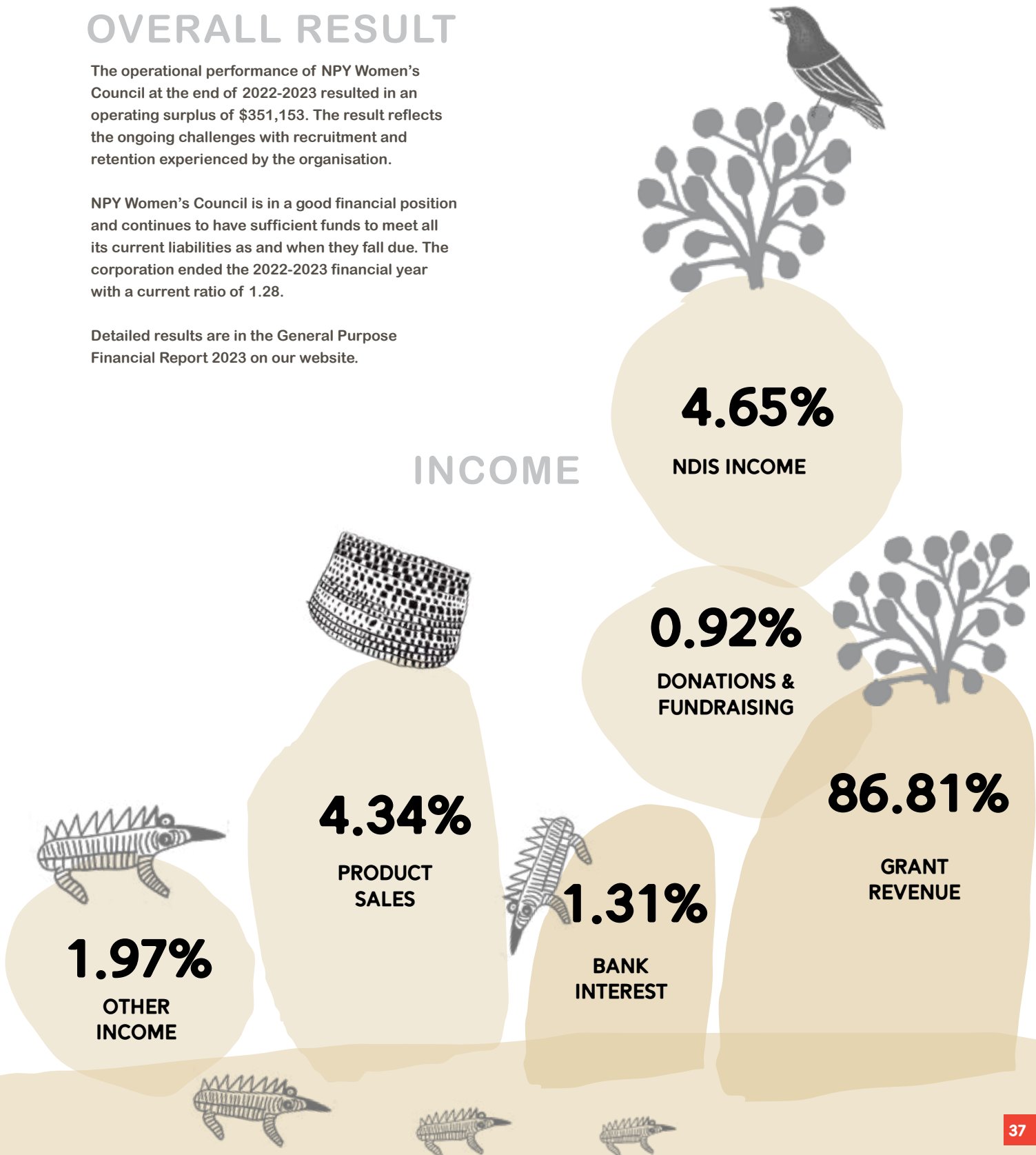
# OVERALL RESULT

The operational performance of NPY Women's Council at the end of 2022-2023 resulted in an operating surplus of \$351,153. The result reflects the ongoing challenges with recruitment and retention experienced by the organisation.

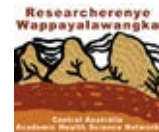
NPY Women's Council is in a good financial position and continues to have sufficient funds to meet all its current liabilities as and when they fall due. The corporation ended the 2022-2023 financial year with a current ratio of 1.28.

Detailed results are in the General Purpose Financial Report 2023 on our website.

## INCOME



# PARTNERS



# CONTACTS

## Main Office

Gate 2, 3 Wilkinson St  
Alice Springs NT 0870

PO Box 8921  
Alice Springs NT 0871

Phone (08) 8958 2345  
Fax: (08) 8952 3742  
Email: [enquiries@npywc.org.au](mailto:enquiries@npywc.org.au)  
Website: [www.npywc.org.au](http://www.npywc.org.au)

## Remote Offices

Amata: (08) 8954 6305

(08) 8955 8187

Pukatja: (08) 8955 8103

Mimili: (08) 8954 7027

Pipalyatjara: (08) 8954 8206

Umuwa: (08) 8956 7271

Irrunytju: (08) 8956 7160

Warburton: (08) 8954 6089

(08) 8954 6085

Warakurna: (08) 8956 2836

Kiwirrkurra: (08) 8964 8007

Aputula: (08) 8956 0941

Imanpa: (08) 8954 6067

Kaltukatjara: (08) 8955 8339

Mutitjulu: (08) 8956 3086





**Ngaanyatjarra  
Pitjantjatjara  
Yankunytjatjara  
Women's Council**

